



## Bereavement Cafe

## **At All Saints Kingston**

The Bereavement Café is a space to talk about the pain of bereavement and to find mutual support and encouragement from others who understand the experience of loss No booking necessary

## Every other Wednesday 2-3pm

8<sup>th</sup> & 22<sup>nd</sup> October

5<sup>th</sup> & 19<sup>th</sup> November

3<sup>rd</sup> & 17<sup>th</sup> December

7<sup>th</sup> & 21<sup>st</sup> January

4<sup>th</sup> & 18<sup>th</sup> February

4<sup>th</sup> & 18<sup>th</sup> March

1<sup>st</sup> & 18<sup>th</sup> April

Aplacetotalk
with people who understand

www.allsaintskingston.co.uk